

2024 Pre Deployment Military & Family Office Briefing

Disclaimer

There are more benefits and support than can possibly be covered in this briefing, please explore the content, if you need more resources than what are covered, please reach out.

Additionally, please share these resources with family or your designated point of contact. These resources do not reflect endorsement by DOD. Some are partnerships made by the M&FRO



Military & Family Office Programs





<https://www.acc.af.mil/About-Us/The-Bridge/FIVE-MINUTES-TO-THRIVE/>
<https://www.fiveandthrive.org/resources>

Resilience Tools can be accessed in many places

- Chaplains Office
- Director of Psychological Health
- Military & Family Office
- Human Resource Advisor
- Equal Opportunity Office
- Online and community opportunities



TRICARE Guard Specific

1-877-298-3408



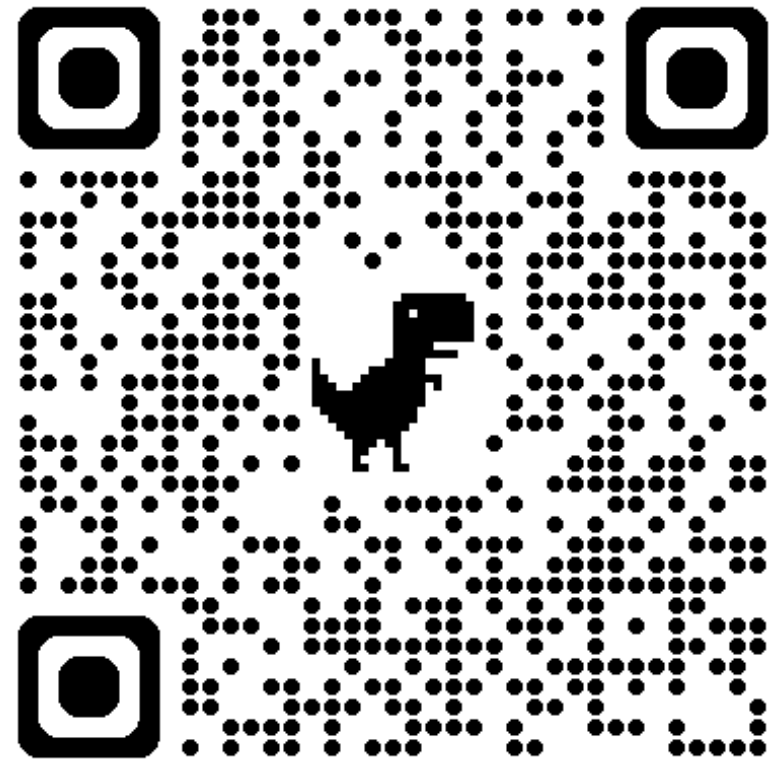
Michigan Military Family Relief Fund

Up to \$2000 per calendar year
6mo prior to deployment
During deployment
6mo after deployment

This GRANT assists with costs related to deployment

- home repairs or needs
- vehicle repairs or needs
- expenses like increased childcare costs or other items

Must be 'due to deployment'

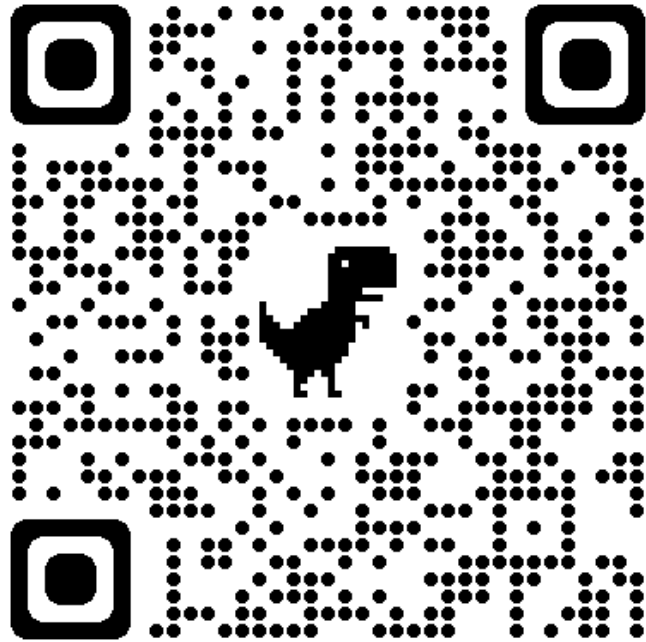


Air Force Aid Society

<https://afas.org>

\$300 Grant

\$1000 no interest Loan

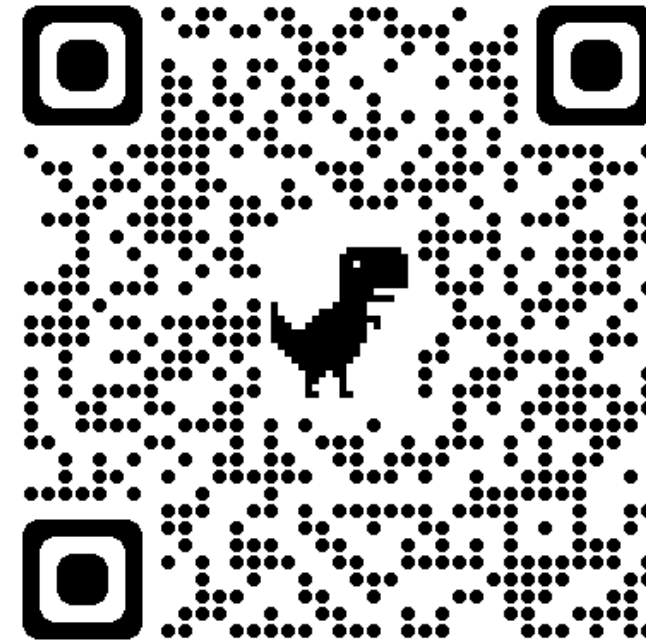


We Care America

<https://eangus-wcfa.org>

\$500 SARGE Grant

\$2500 no interest loan



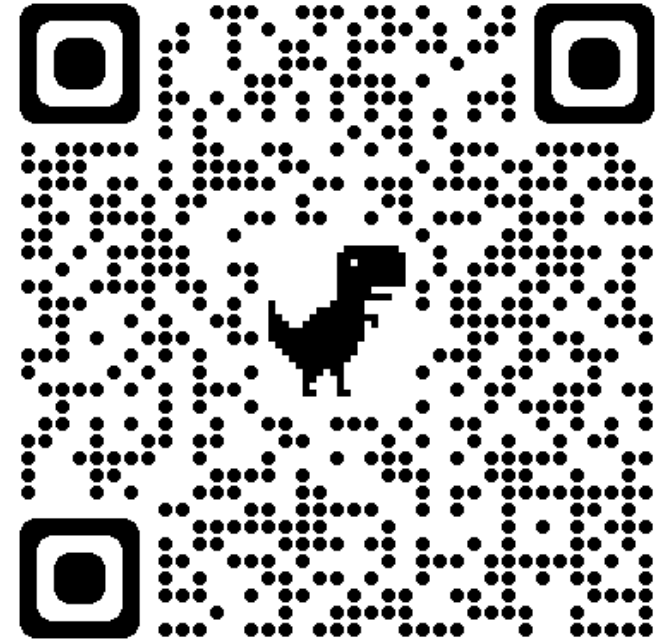
YMCA Support – Members and Families

<https://www.ymca.org/what-we-do/social-responsibility/military-outreach>

LOCATION SUPPORT ABILITIES VARY

Can give free access to YMCA classes, pool, etc, and some childcare

LOCATION, status, and Base dependent

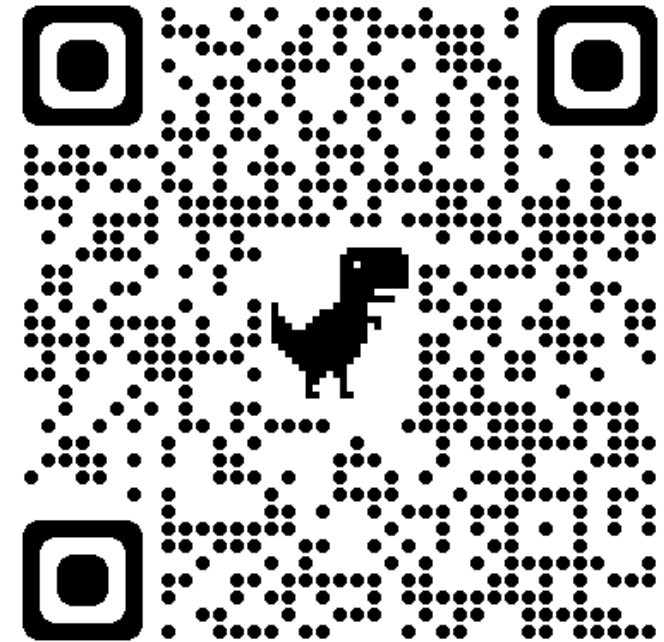


Red Cross Service to Armed Forces and Emergency Messaging– Members and Families

<https://www.redcross.org/get-help/military-families/emergency-communication.html>

Red Cross Service to Armed Forces

- Canteen support
- Emergency Messaging
- Communications, and Child and Youth courses in person and online

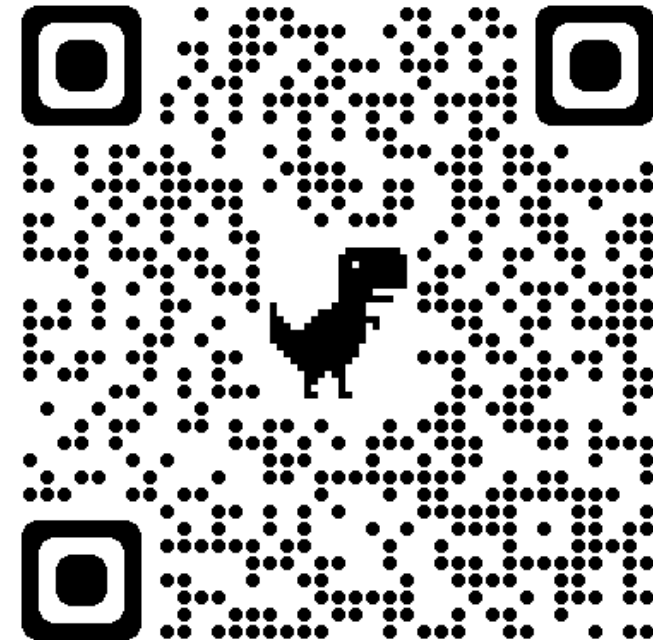


USPS Military Mailing kits– Members and Families

https://store.usps.com/store/product/shipping-supplies/military-care-kit-P_MILITARYKIT

Free mailers, and supplies delivered to your home

Reduced cost shipping to APO and APE addresses



Pet care – Members and Families

<https://www.dogsondeployment.org>

Dogs on Deployment assist Service Members who need pet care during deployment



TAP Events – Education for Members and Families

<https://tapevents.mil/courses>

On Demand CBT on multiple subjects

Employment-DOL 1 & 2 Day

VA Benefits-101 light version and full course

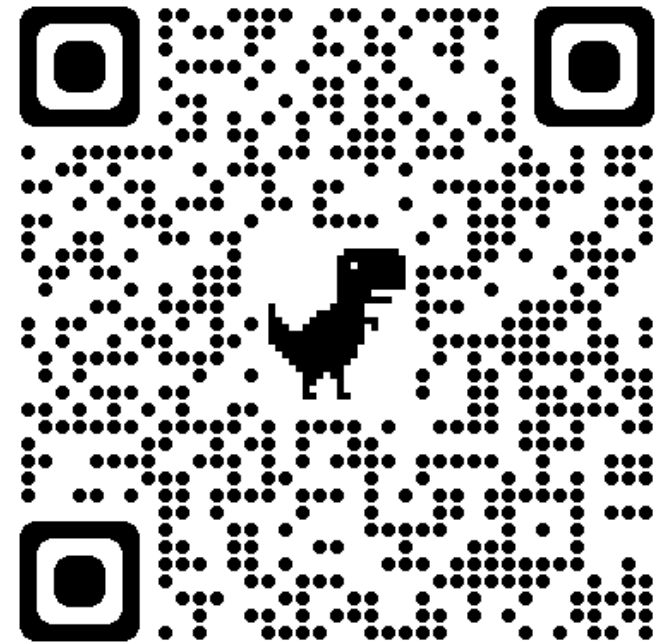
VA Home loans

Disability

Entrepreneurship

Deployment tools

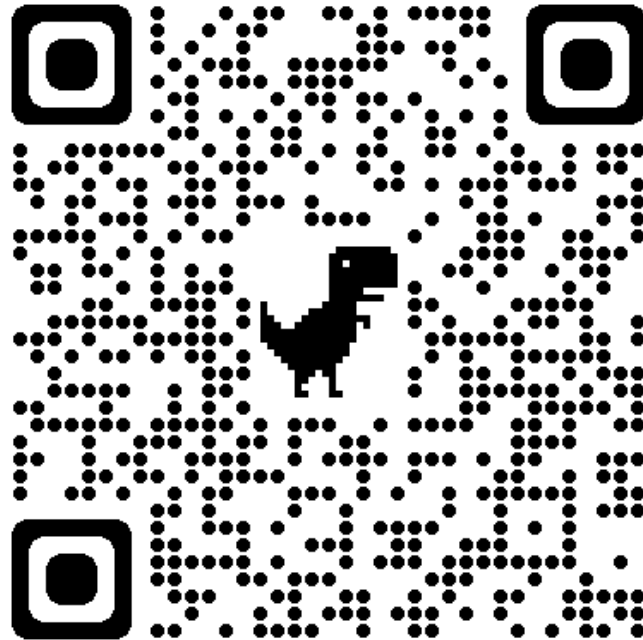
NO CAC NEEDED



Operation We Are Here - Members and Families

<https://www.operationwearehere.com/>

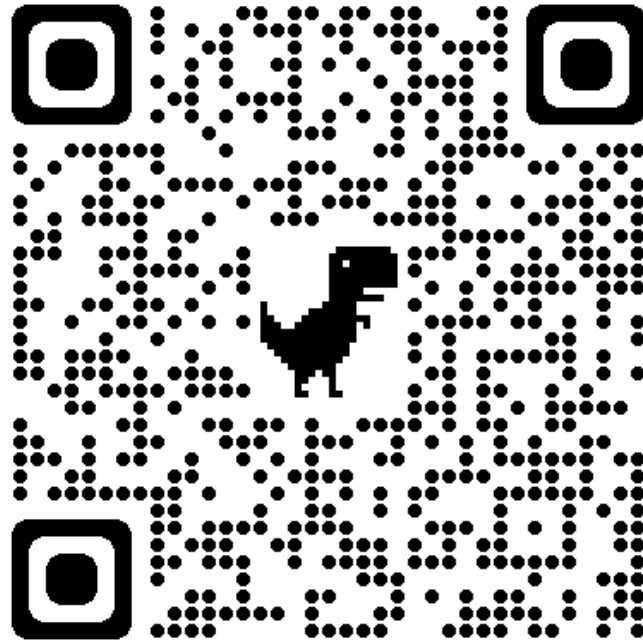
Non DOD Database of resources



National Resource Directory- Members and Families

<https://nrd.gov>

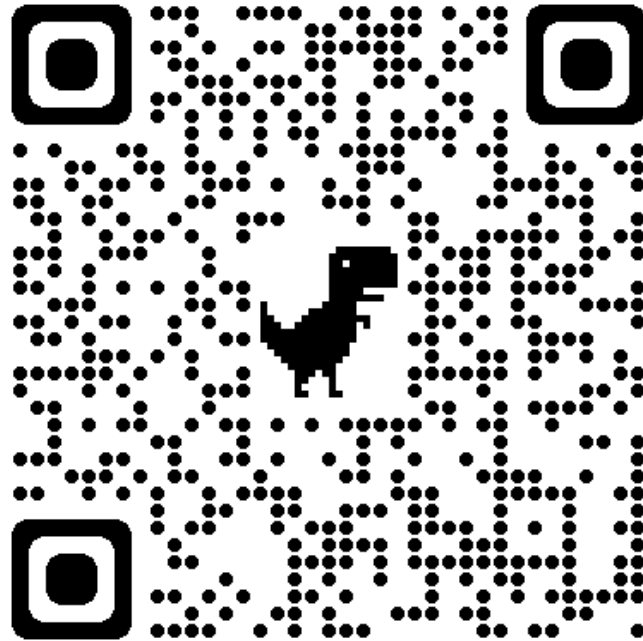
Database of resources



Operation Green Care for Troops-Members and Families

<https://projectevergreen.org/greencare-for-troops>

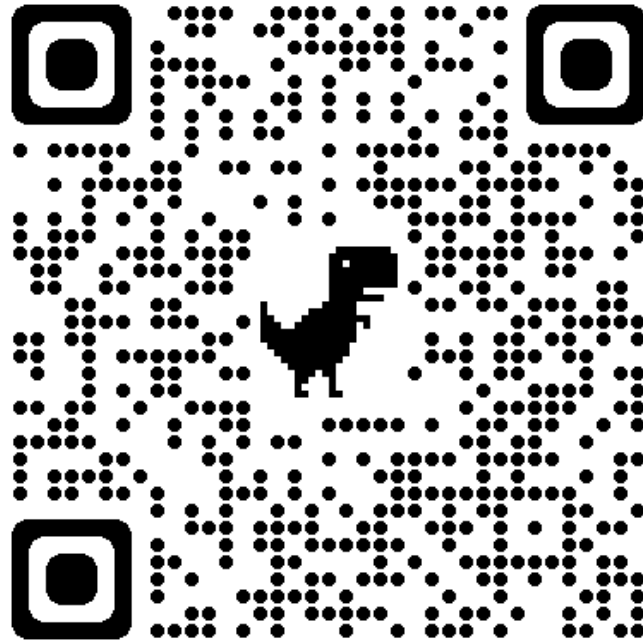
Free snow removal & Lawn Care – volunteer based – size limitations apply



Full Circle Home - Service Members

<https://www.fullcirclehome.org>

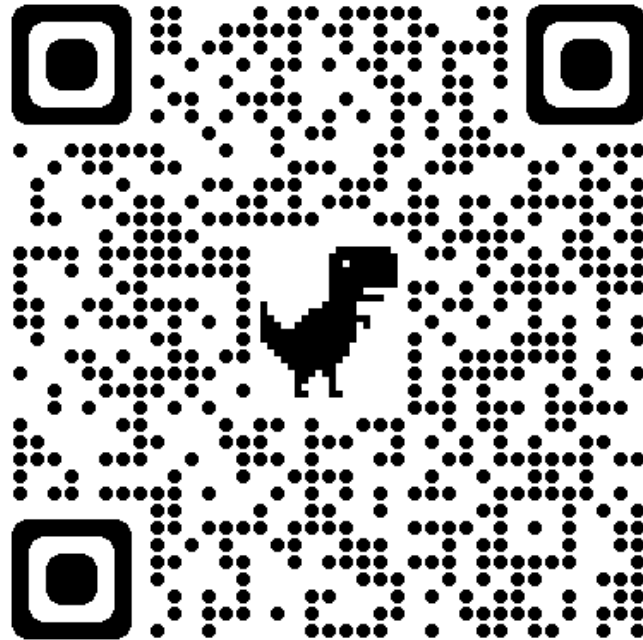
Sends free gifts to the spouse or mother in your life



Tutor.com

<https://military.tutor.com/home>

Free tutoring, recordable sessions, K-12 and some college



DOD MWR LIBRARY

<https://dodmwrlibraries.org>

FREE ACCESS TO PLATFORMS

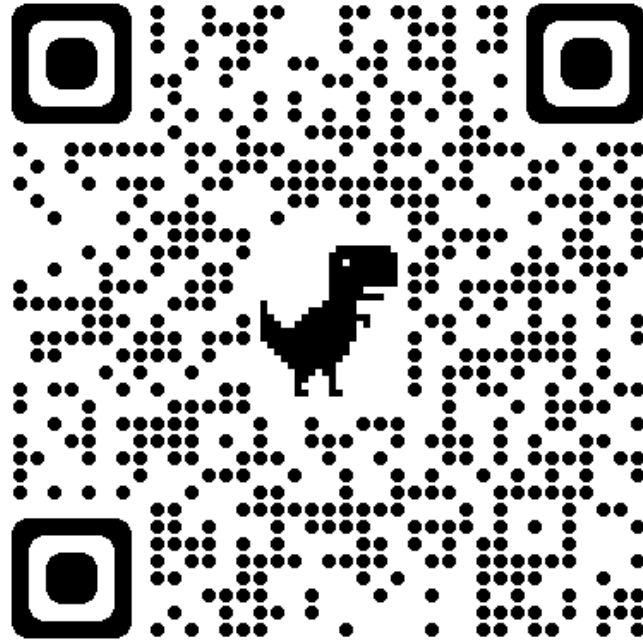
- Ancestry
- Chilton Manuals
- e-books, video, and streaming platforms
- science and tech
- research platforms
- Teachables for kids and other youth items
- Mango Language
- Art, music and other instruction
- So much more



Sesame Street for Military Families

<https://sesamestreetformilitaryfamilies.org>

Games, support, activities for young children and their support network



Our Military Kids - GRANT

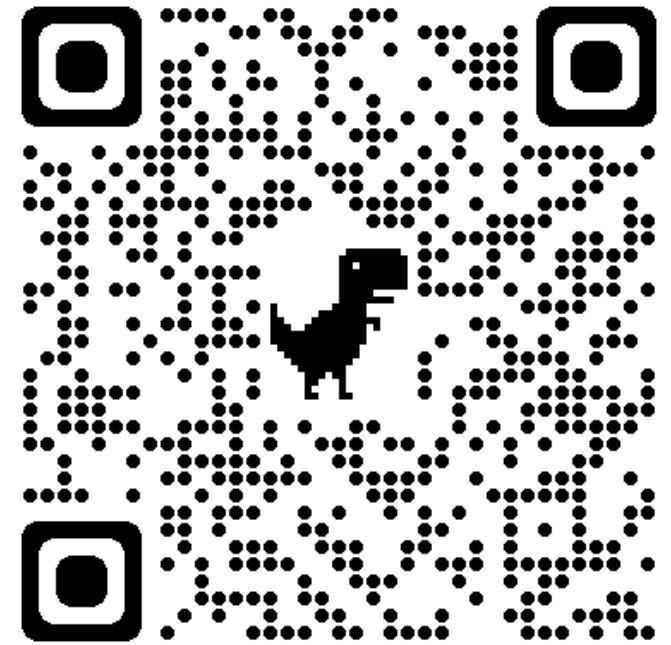
<https://www.ourmilitarykids.org>

Child must be age 1-18 (or still in High School)

Applies to conus or oconus deployments (not for training)

Missions of 90 –179 days (cumulative within 12 months) each child is eligible for ONE grant up to \$300.

Missions of 180+ days (cumulative within 12 months) each child is eligible for TWO grants up to \$300 for the same or different activities at any time in the deployment. Must apply separately.



Comfort Crew Kits

<https://www.comfortcrew.org/index.html>

Request online – receives a bear, box, dog tags, book and video

Show Your Support

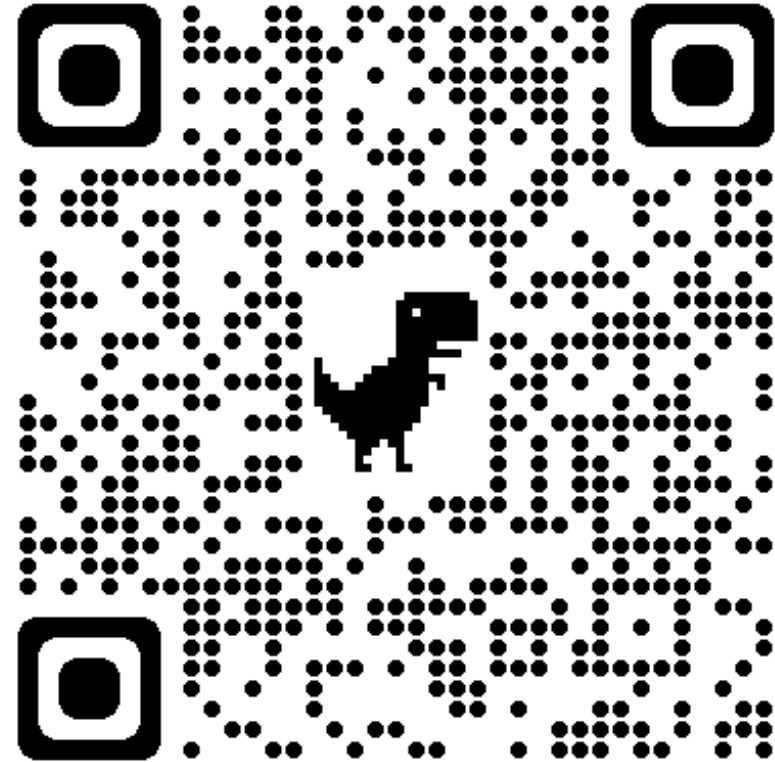


MSU 4H For Military Families

https://www.canr.msu.edu/4h_military_families

Parenting support
Activities
resources

Follow them on social media
for event announcements

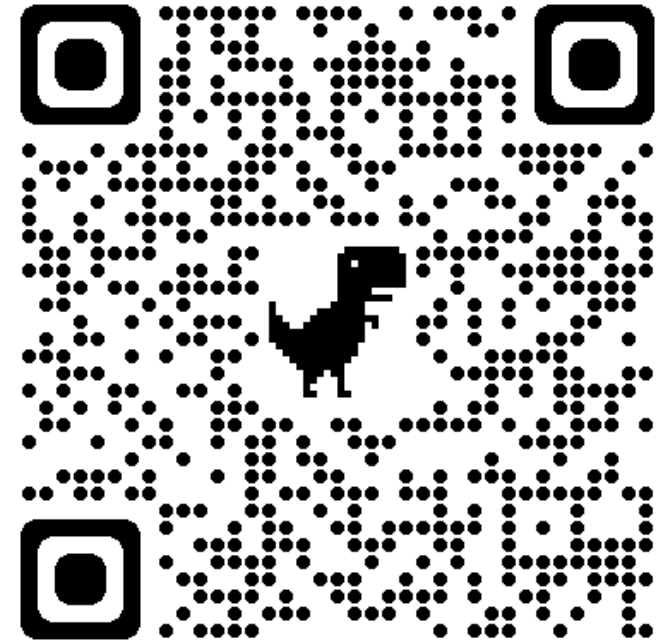


ESGR- Employer Support of the Guard and Reserve

<https://www.esgr.mil>

Assistance with employer support
-educating drill schedules, AT, Trainings, & more

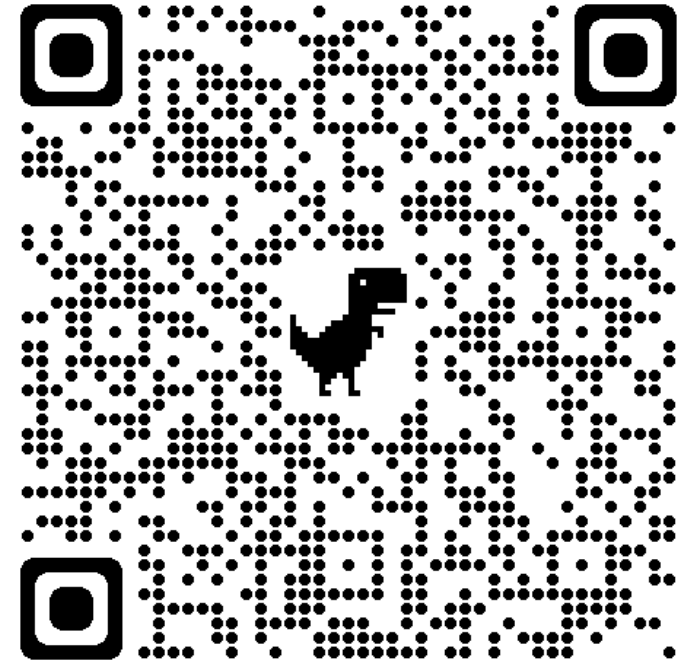
Freedom Award to recognize Employers who
support military employees



SCRA Service Member Civil Relief Act

<https://www.consumerfinance.gov/consumer-tools/educator-tools/servicemembers/the-servicemembers-civil-relief-act-scra>

- Reducing the interest rate on any pre-service loans to a maximum of 6 percent
- Protections against default judgments in civil cases
- Protections against foreclosure on their home
- Protections against repossession of their property
- Termination of residential housing and automobile leases without penalty

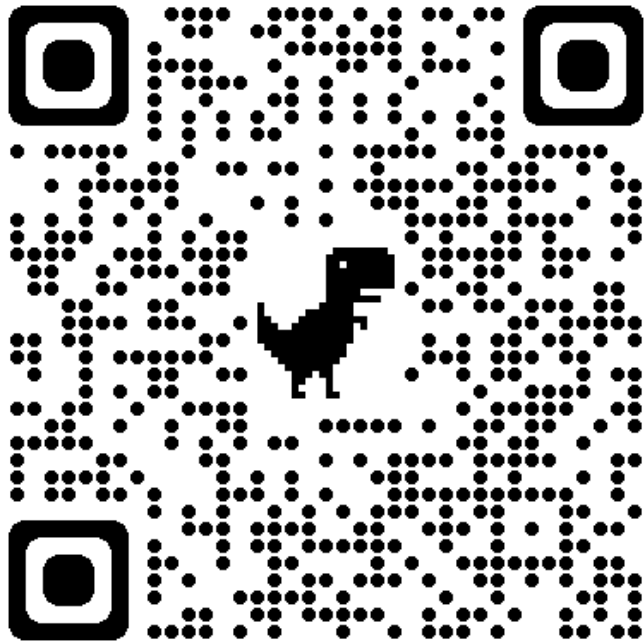


AF COOL

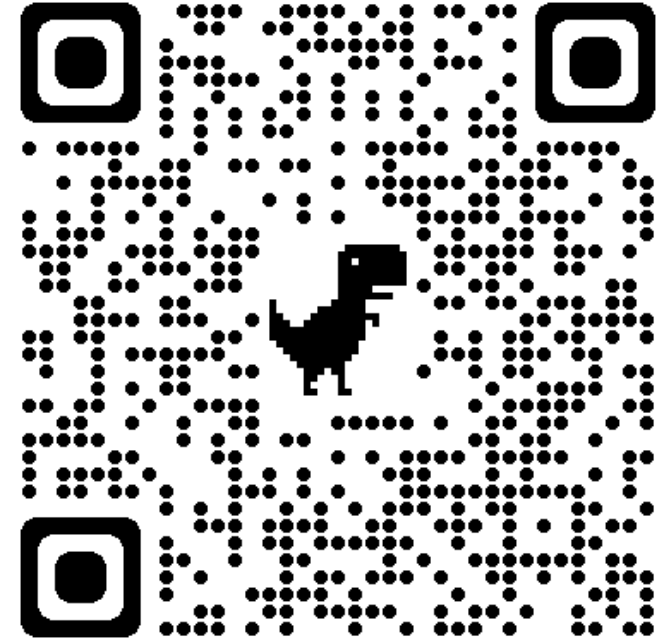
For Enlisted members in AD Status

\$4500 lifetime towards certifications and other items

<https://afvec.us.af.mil/afvec/af-cool/welcome>



Spouse MyCAA



Spouses of service members on active duty in pay grades E-1 to E-6, W-1 to W-2 and O-1 to O-3 who have successfully completed high school and have the ability to request tuition assistance while their military sponsor is on Title 10 military orders are eligible. The first 1,250 approved applicants in pay grades E-6 and O-3 will receive MyCAA financial assistance based on available funding.

<https://mycaa.militaryonesource.mil/mycaa>

Commanders Key Support Liaison Program

- Volunteers who assist the Commander in networking and supporting our families.
- can provide 1 hour a year or more of support
- fully trained, and vetted
- supported by Commander, Chief, Shirt and M&FRO
- assists with planning and implementing projects and events as they wish to
- On going Professional Development opportunities provided

